



Government
of Canada

Gouvernement
du Canada

Traveller's Checklist

Travel.gc.ca

Before you leave Canada:

- Visit **Travel.gc.ca**, Canada's one-stop-shop for international travel information and advice.
- Check [Travel.gc.ca/advice](https://travel.gc.ca/advice) for Travel Advice and Advisories on your destination.
- Pack the app! Download our Travel Smart app at travel.gc.ca/mobile.
- Follow our **Twitter (@travelGoC)** and **Facebook (@travelGoC)** accounts and stay connected to Canada wherever you are.
- Sign up for **Registration of Canadians Abroad** at Travel.gc.ca/register.
- Buy travel insurance.
- Visit a health care provider or travel medicine clinic six weeks before your trip.
- Carry a Canadian passport that is valid well past the date you expect to return to Canada. Keep a hidden copy of the identification page.
- Leave copies of your passport identification page, itinerary and insurance policy with friends or family.
- Obtain visas well in advance.
- If your child is travelling alone or with someone else, or someone else's child is travelling with you, make sure they carry documentation proving they have permission to travel abroad.
- Obtain an International Driving Permit, if you need one.
- Plan your travel budget and keep extra funds in case of emergency.
- If you are a dual citizen, check with your destination country's embassy or consulate to avoid problems.
- Cannabis is illegal in most countries. Do not carry cannabis or cannabis products across Canada's borders.

In case of emergency abroad, contact
sos@international.gc.ca or call +1 613 996 8885
(call collect were available).

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